

together

FALL 2022



**All hands
and hearts
on deck.**

Dutch Bros Las Vegas Volunteers



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threesquare.org



OUR MISSION

The mission of Three Square Food Bank is to provide wholesome food to hungry people, while passionately pursuing a hunger-free community. Our vision is simple: No one in our community should be hungry. By bringing together the resources, experience and passion of the people and businesses of Southern Nevada, we can make sure no one has to. Together, we can feed everyone.

Three Square Food Bank is registered with the Secretary of State and qualified by the Internal Revenue Service as a 501 (c)(3) nonprofit organization, and a member of Feeding America. Established in 2007, Three Square is Southern Nevada's only food bank and the area's largest hunger-relief organization. Your charitable contribution to Three Square is tax-deductible to the extent allowed by law.



Food for Thought

As you'll see on the pages of this newsletter, volunteers are critical to Three Square's pursuit of a hunger-free community. Without our passionate (and compassionate) family of volunteers freely giving of their time and their many talents, food wouldn't get where it's needed and our most vulnerable neighbors would suffer.

Of course, equally important are open-hearted partners like you who so generously support our work. Because you care, school children are receiving nutritious meals, struggling families have food on their tables, and elderly neighbors on fixed incomes know they can rely on Three Square.

With the holiday season drawing near, I hope you will consider helping in both ways — as a volunteer and with a special gift to reach more hungry people across Southern Nevada. The need is always magnified this time of the year, requiring all hands *(and hearts)* on deck. And with the increase in costs for food and fuel to transport it, your financial support is needed more than ever.

I urge you to take a few minutes to read your newsletter and be inspired by the words of David, Emily, and the Schaafs. You'll see you're in good company in the fight against hunger. And after reading David's story, you'll get a peek into the unique, long-term volunteer opportunities we offer at Three Square.

Every \$1 you give provides 3 healthy meals. And currently, 1 in every 7 neighbors in Southern Nevada struggles with food insecurity, so imagine the many lives you can impact ... and the hope you can give.

Thank you for your loyal partnership, and for moving us closer to a hunger-free community!

Ever forward,

Brian Burton, President & CEO

Volunteer Day

Every Friday, David Chang hops in his car, checks to make sure his Spanish "cheat sheet" is in his bag, then drives 20 minutes before pulling into the Three Square parking lot. The retiree with a heart for others has a standing 9:00-3:00 volunteer

shift in our call center and is always eager to help.

After grabbing his morning coffee, David takes his place on the frontline against hunger, receiving calls (in English and Spanish) from people who are experiencing food insecurity. And he's always quick with an encouraging word.



“Volunteers are our *superheroes!*”

Q: Why are Three Square volunteers crucial?

A: Volunteers are absolutely critical to our operation! By just volunteering 2 hours of your time, you're helping Three Square provide 157 meals into the community.

For nearly two years, Emily Feak has served as Three Square's volunteer manager. Here she shares about our wonderful family of volunteers, why helping is so meaningful, and ways you can get involved.

Q: Who are Three Square's volunteers?

A: Anyone can volunteer, as long as they're over the age of 10. We have quite a mix. Some are individuals, including retired folks who come two or three days a week. We also have groups that come in and take a day of service. These include really great volunteers from our casino properties, local businesses, churches, and other groups. Pretty much anyone with a little extra time can reach out and create an individual or group application.

Q: How are Three Square volunteers making an impact?

A: All of our volunteers are making a positive impact on someone's life by making sure they receive a meal they might not have gotten otherwise. We call volunteers our superheroes because without them, we would not be able to get as much food out to community members in need.

Q: What are some of the popular volunteer opportunities?

A: Kids Cafe is one of our most popular — volunteers especially love any of our programs that help children in our community. Packing Meals on Wheels is a really fun activity for our volunteers, as well. I'd say those are our two most popular.

Q: What would you say to someone who is considering volunteering at Three Square?

A: Just imagine it's your grandma who doesn't have enough at her house and needs supplemental food. Or imagine how happy you would be to be receiving needed food that might not have been there without the volunteers.

Volunteers are always needed. And, right now, there are some unique long-term opportunities available. It's a fun, rewarding experience and a potentially life-changing way to tackle the ongoing hunger problem here in Southern Nevada. You can reach Emily at 702-644-3663 ext. 349 or email volunteers@threesquare.org.

“I just have a soft spot for people who are less fortunate than me,” David says. “For them to be able to reach out and call this number, it's just a big step for them. And we, as volunteers, are blessed to have the opportunity to help them.”

David has been volunteering since 2019, and with every phone call he takes, he lives out our shared vision that no one in our community should be hungry.

“By coming to Three Square, I'm given a chance to make a difference in somebody's life. You know, maybe whatever I did today helped some family not to experience hunger tonight. That is something that's very satisfying.”

— David Chang, Three Square Volunteer



“They’ve made the volunteer experience as great as it can be.”



Isaac and Amy Schaaf are relatively new to the area, but the couple has wasted no time making an impact in the community, especially when it comes to feeding our hungry neighbors. As regional operators for Dutch Bros, the Schaafs were transferred to Las Vegas a few years back. But they knew they were here to do more than serve up delicious coffee, and they began looking for ways to plug in.

“One of the things that’s super important to us is that we help in the community however we can,” Isaac says. *“We donated to Three Square and decided we would volunteer as much as possible*

to see where that monetary donation was going, and to see how else we could help.”

The Schaafs and their staff have quickly become Three Square superstars. They now volunteer roughly four times a month, sending a team of about 10 volunteers each outing. And they always bring amazing energy and a willingness to go the extra mile to help in any way they can — whether it’s for our Kids Cafe, our backpack program, or helping to feed local seniors.

“I encourage everyone to come in and watch how efficiently Three Square has set up their

programs to get meals out,” Isaac says.

“It’s really cool to see that the money that’s donated, the time that’s donated, is going straight to the local community. And they’ve made the volunteer experience as great as it can be! They feel like friends and family.”

— Isaac Schaaf, Dutch Bros Las Vegas

When you join our amazing family of volunteers, lives will be touched ... including your own.

Food ... *The Perfect Gift!*

The holidays will soon be upon us, and there’s no better gift you can give than food to help a hungry neighbor. Especially this year, when the spike in costs for groceries, housing, gasoline, and other living essentials has devastated communities across Southern Nevada — and when food-insecure families are struggling to keep food on the table.

Every \$1 you give today will provide 3 meals,

so imagine how many lives you can touch. Please be as generous as possible, and help make the holidays merry and bright for your neighbors in need.

