

together

THE MORE YOU KNOW EDITION



YOU'RE TOUCHING LIVES WITH FOOD AND SO MUCH MORE

Did you know that some individuals in your community are missing 5.3 meals a week? These are neighbors like the family pictured above. We can see a nice smiling photo, but what we can't see are the empty stomachs or the worries of not knowing where their next meal will come from. In fact, in the year ahead, people across Southern Nevada who are food insecure will miss *thousands of meals*.

The reasons behind the missed meals are many. Some of these folks have lost their jobs. Some are on a very fixed income and are having to choose between food and rent or electricity. In the early weeks of the COVID shutdown, the number of calls received through the Three Square Center skyrocketed to more than 7,000 in just two days. Although we have seen a downward trend in the number of individuals in need, food insecurity in Southern Nevada remains higher than what we saw pre-pandemic, and the call center continues to receive about 2,000 calls per month. Now, nearly 460,000 Nevadans are reeling from reduced SNAP

benefits, even as grocery costs soar.

"WE DEFINITELY COULDN'T DO WHAT WE DO WITHOUT DONORS. WITHOUT THE FUNDING FROM OUR SUPPORTERS, THE WHEELS WOULDN'T TURN."

-NOLGA, THREE SQUARE'S BENEFIT SERVICES OUTREACH MANAGER

Through your generous support of Three Square, you are reaching out to these hungry neighbors with much-needed **help and hope**.

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OUR MISSION

The mission of Three Square Food Bank is to provide wholesome food to hungry people, while passionately pursuing a hunger-free community. Our vision is simple: No one in our community should be hungry. By bringing together the resources, experience and passion of the people and businesses of Southern Nevada, we can make sure no one has to. Together, we can feed everyone.

Three Square Food Bank is registered with the Secretary of State and qualified by the Internal Revenue Service as a 501 (c)(3) nonprofit organization, and a member of Feeding America. Established in 2007, Three Square is Southern Nevada's only food bank and the area's largest hunger-relief organization. Your charitable contribution to Three Square is tax-deductible to the extent allowed by law.

FOOD FOR THOUGHT



Extra! Extra! I'm excited to share this latest newspaper-inspired newsletter with you because it highlights so much of the good you're doing to help people who are facing hunger — beyond just providing food. And the more you know, the more inspired you'll be by the impact you're making and the more equipped you'll be in the fight to help end hunger.

As you read through your newsletter, you'll see how you're helping to meet all kinds of needs through our call center, which started in 2013 with only 10 lines and has now grown to 18 lines. You'll see how your support provides seniors with meals designed for better health. And how food-insecure neighbors in every community across Las Vegas and Southern Nevada are receiving nourishment through

our more than 160 agency partners.

Then, on page 4, you'll read how three UNLV athletes who understand the importance of nutrition are helping bag childhood hunger. **And thanks to a matching opportunity, we're able to touch twice as many young lives.**

With more than 341,000 people in our area facing hunger — including 130,000 children — and at a time when SNAP benefits are decreasing, your partnership is especially needed as we head into the summer months, our toughest time of the year for fundraising.

So, please spend a few minutes with your "newspaper" and be inspired by all the good you're accomplishing. **You are the reason behind a family being able to gather and enjoy a meal together. The impact you're making is breaking news!** Thank you for your partnership, your generosity, and for bringing real help and hope to our neighbors most in need!

Gratefully,

Michelle Beck
Interim President & CEO/
Chief Development Officer

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YOU'RE TOUCHING LIVES WITH FOOD AND SO MUCH MORE

Nolga Valadez, Three Square Benefit Services Outreach Manager



And while food is the centerpiece of that help, you may be surprised to know your impact reaches far beyond just food.

"We have people calling here at the call center for anything and everything you can think of,"



Three Square staff and board members celebrate our Agency Partner award recipients.

AND THE AWARDS GO TO ...

Here at Three Square, we celebrate our agency partners every day of the year. But about 10 years ago, we decided to be more intentional about recognizing the important role these agencies play in the fight against hunger and began hosting an annual award/ appreciation breakfast to honor one standout group each year.

This past February, we were grateful for the opportunity to regather and celebrate our agencies' collective accomplishments over the past few years. In addition to highlighting partners who have gone above and beyond in support of Three Square's programs, we had the privilege of honoring three exemplary

partners. And the awards go to ...

2020: The Just One Project —

Serving more than 20,000 Southern Nevadans each month, TJOP embodies compassion and collaboration.

2021: International Church of Las Vegas —

ICLV rescues food from 16 stores every week and is known for innovation and stewardship.

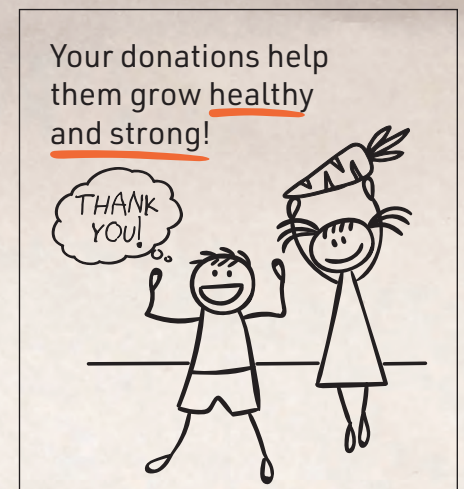
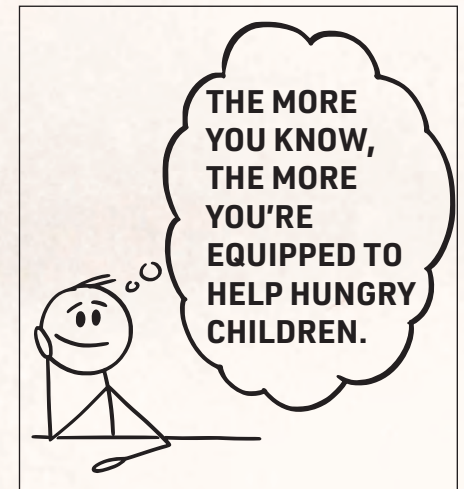
2022: City Impact Center —

City Impact is known for unparalleled dedication to urgency and transparency, expanding service to help ever more families in crisis.

Our sincere congratulations and gratitude go out to each of these deserving partners, along with every one of the 160 agencies who nourish our community!

says Nolga, who oversees our call center and benefit services outreach team. "They may be trying to find a location to get food, inquiring about our food delivery program, or even asking about things we don't do here,

like housing assistance. But even if it's something we don't do, we still are able to guide them where to go for other resources." What's most important is that you know that with your support, our neighbors are one call away



from dignified access to help.

Thank you for your generosity and for touching the lives of our neighbors in need with nourishing food, compassionate care, and hope!

YOU HELP MEET THE NUTRITIONAL NEEDS OF LOCAL SENIORS

If you drop by the Clark County Library on a Tuesday or Wednesday around noon, you'll see an impressive gathering of local seniors. Sure, some have come to grab a new book or to connect with friends over a card game. But the main event they're all anticipating is a delicious, nutritious lunch — compliments of caring friends like you.



Nutrition is a key element of this meal program for seniors, according

to Sheena Skelton, pictured above, Three Square's registered dietitian. "A lot of seniors experience chronic conditions,

the two big ones being diabetes and heart disease," she says. "So, we gear our meals toward that."

With your help, the program has expanded from one to three libraries over the past year and now feeds about 500 seniors each week. "The outpouring of support that we've had from the community to help these folks live out their golden years is just awesome," Sheena says.

Thank you for caring for our community's senior population!

1 IN 10 SENIORS IN NEVADA STRUGGLES WITH HUNGER. YOUR SUPPORT GIVES THEM VITAL HELP AND HOPE!

SAVE THE DATE

LAS VEGAS

Restaurant Week

— three square —

JUNE 5-16, 2023

When you patronize a participating restaurant, a portion of the proceeds support Three Square. Visit RestaurantWeekLV.org starting May 23 for a list of restaurants and menus!

ELITE UNLV ATHLETES JOIN WITH YOU TO BAG CHILDHOOD HUNGER

Your Gift Today Can DOUBLE to Feed Hungry Kids!

Few people have a deeper appreciation for proper nutrition than elite athletes. They know the right food improves performance, recovery, sleep, and success. Now, three UNLV basketball players — Keshon Gilbert, Luis Rodrigues, and EJ Harless — have teamed up with Three Square to ensure children and individuals in need receive the same nutritious food they depend on to pursue their hoop dreams!



"It makes me feel great knowing that a child or mother or senior citizen can eat dinner because of me," Rodrigues told us. His teammate Gilbert agreed, saying, *"Knowing that I can help a person get a meal that wasn't promised to them is a great feeling."*

Acknowledging the urgency of the need in Las Vegas, Harless added, *"Seeing the homeless people and how appreciative they are when I give them food ... it's very fulfilling."*

We're honored by the support of these young men. They're committed to making a difference in our community — just like you! — and we're very grateful.

And now through May 31, Nevada Gold Mines operated by Barrick and NV Energy Foundation have generously offered to match gifts to Three Square. Every \$1 you give can provide up to 6 meals for hungry kids!

What an amazing way to touch many young lives. Please don't miss this limited-time opportunity to DOUBLE your impact. By sending your gift today, you'll help bag childhood hunger, ensuring area children receive nutritious food necessary to grow up healthy and strong.