

together

Fall 2026

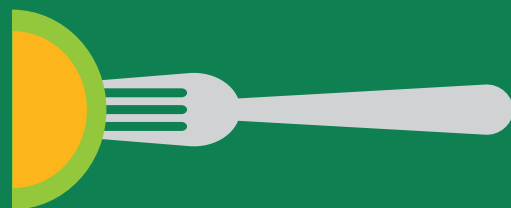


together, we can feed everyone

MEMBER OF
FEEDING
AMERICA



Nourishing the next generation



Kids Cafe welcomes children back to school with healthy meals

Preschool Director Alexis Morales is surrounded by students.
Story on page 2.



Letter from the President & CEO

Fall is here, bringing a new school year and new routines. Even as the seasons change, hunger remains. The cost of food is still high, and more of our neighbors face hunger.

The return to school brings relief for many children and families, who can once again count on free meals during the school day, but the need remains. Every day, neighbors of all ages turn to Three Square and our partners for help.

That's why your action is vital this Hunger Action Month. By giving, volunteering, and advocating for better food access, you'll ensure Southern Nevadans all have the nutritious meals they need.

Please consider making another gift today. **Every \$1 helps provide 2 meals.**

Together, we can turn compassion into action to ensure every neighbor has access to food.

Gratefully,



Beth Martino

Beth Martino
President & CEO

Nourishing the next generation



Kids Cafe welcomes children back to school with healthy meals

Families everywhere face a familiar morning challenge: making sure kids start each day with a healthy meal. Thanks to Three Square's Kids Cafe program, that's one less worry for dozens of families at a local YMCA preschool.

Last year, Alexis Morales, the preschool director, partnered with Three Square to bring Kids Cafe to the children in her care. From the moment the program launched, the response from parents was overwhelming.

Through Kids Cafe, children receive a healthy breakfast, lunch, and snack every day. Alexis says kids used to bring in juice, candy, and sugary snacks because they were easy to pack. Now, those same kids sit down to nutritious meals.

The benefits have surprised even Alexis. Picky eaters are broadening their palates, inspired by their peers.

"Ms. Alexis, I took a bite of a carrot ... My friend likes carrots. Now I like carrots," she says one child proudly announced.

The program has also eased the burden for busy families. One mother whose husband was recently deployed shared that the meals her son receives gives her one less thing to worry about during challenging mornings. It's a simple change that brings comfort, stability, and peace of mind.

As a new school year begins, Kids Cafe continues doing what it does best. Thanks to friends like you, they're meeting kids where they are and setting them up to thrive.

Families throughout Southern Nevada are grateful for your support — and for programs like Kids Cafe that keep children nourished and ready to learn!



Volunteers in action at St. Viator

How one school's commitment to service helps build community

School is back in session, and St. Viator students are already making a difference.

For eighth graders Maya and Raquel, volunteering at Three Square has become a meaningful tradition. Since sixth grade, they've spent time sorting food, organizing donations, and helping prepare boxes that will soon be shared with neighbors facing hunger.

When asked what keeps them coming back, the answer is simple: "It just makes you happy to know that you're doing something right that can impact someone in a good way. Even though we're not doing that much, we are doing a lot for someone else."

Campus Ministry leaders Jamie and Rosy have spent 15 years connecting students with meaningful service, partnering with organizations like Three Square that are already doing the hard work of supporting the community. On a recent visit, 45 students were on-site volunteering together.

The impact goes beyond the warehouse. Students share their experience with their families, and many parents choose to get involved as well. One act of service becomes another, strengthening our community.



"Giving actually gives back to you as well," Jamie and Rosy say. "This is the heart of the school."

Thank you for making programs like this possible. Your support is what keeps this community showing up for one another, and there's always room for more.

To learn more about volunteering, visit [threesquare.org/how-to-help/volunteer](https://www.threesquare.org/how-to-help/volunteer).

Join us for Hunger Action Month

September is Hunger Action Month, an annual nationwide campaign designed to raise awareness about hunger in America and inspire action to end it.

Three Square Food Bank encourages our community, and you, to take action this month. Together, we can provide hunger relief and work to knock down the barriers to food security in our area. That's what Hunger Action Month is all about!

How can you help?

1

SIGN UP TO VOLUNTEER

2

REGISTER TO VOTE

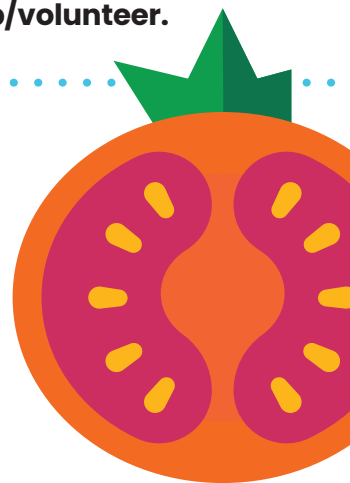
3

HOST A VIRTUAL FOOD DRIVE

4

DONATE

We hope you'll stand with us again for Hunger Action Month! For more information, visit <https://www.threesquare.org/hunger-action-month>.





**three
square™**

It's Hunger Action Month

Three ways you can help:

OUR MISSION

The mission of Three Square Food Bank is to provide wholesome food to hungry people, while passionately pursuing a hunger-free community. Our vision is simple: No one in our community should be hungry. By bringing together the resources, experience, and passion of the people and businesses of Southern Nevada, we can make sure no one has to. Together, we can feed everyone.

Three Square Food Bank is registered with the Secretary of State and qualified by the Internal Revenue Service as a 501(c)(3) nonprofit organization, and a member of Feeding America. Established in 2007, Three Square is Southern Nevada's only food bank and the area's largest hunger-relief organization. Your charitable contribution to Three Square is tax-deductible to the extent allowed by law.

1

DONATE

Give by mail, in person, QR code, or online at threesquare.org/donate



2

VOLUNTEER

Donate your time and sign up at threesquare.org/volunteer



3

HOST A FOOD OR FUND DRIVE

Engage your workplace, school, or community group in the fight against hunger. Learn how at threesquare.org/how-to-help



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together, we can feed everyone

MEMBER OF
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HELP PROVIDE MEALS THIS FALL

Yes! I want my gift to reach children and families facing hunger in Southern Nevada this fall! *Enclosed is my gift of:*

☐ \$35 to help provide 70 meals

☐ \$100 to help provide 200 meals

☐ \$50 to help provide 100 meals

☐ \$_____ to help provide as many meals as possible

☐ My check payable to **Three Square Food Bank** is enclosed.

FROM: NAME: _____

STREET: _____

CITY/STATE/ZIP: _____

EMAIL: _____

☐ I would like to donate \$_____ automatically each month using my credit card.

☐ Please charge my credit card.



Amount: \$ _____

Phone Number: _____ - _____ - _____

Credit Card Number: _____

Exp. Date: ____ / ____ Security Code: _____

Signature: _____