

All meals are
from
11AM - 1PM



AUGUST MENU



Free meals for those
60+ and their loved
ones of all ages

MONDAY EAST LIBRARY

TUESDAY CLARK LIBRARY

WEDNESDAY CLARK LIBRARY

THURSDAY EAST LIBRARY

FRIDAY WHITNEY LIBRARY

See other side for additional information and programming			1 ● SHRIMP SCAMPI W/ PASTA	2 BBQ CHICKEN Baked Beans Corn
5 ● GRILLED CHICKEN PASTA	6 WG ● BEEF STROGONOFF ● Egg Noodles	7 FISH TACOS WG Spanish Rice Pinto Beans WG Corn Tortillas	8 WHITE BEAN SOUP WG ● Turkey Sandwich	9 ● ● ● CHICKEN CHOW MEIN
12 ● ● ● VEGETABLE LASAGNA	13 WG ● CHICKEN PARMESAN Penne Pasta and Veggies	14 BLACK BEAN SOUP WG ● ● Grilled Chicken Sandwich	15 BROILED SALMON White Beans	16 BEEF TACOS WG Spanish Rice Pinto Beans WG Corn Tortillas
19 SHRIMP TACOS WG Spanish Rice Pinto Beans WG Corn Tortillas	20 SWEET AND SOUR CHICKEN WG Brown Jasmine Rice	21 GRILLED CHICKEN Baked Beans Corn	22 ● SPLIT PEA SOUP WG ● ● ● Egg Salad Sandwich	23 WG ● EGGPLANT PARMESAN PASTA
26 ● SHEPHERD'S PIE ● Dinner Roll	27 WG CHICKEN ENCHILADAS WG Spanish Rice Pinto Beans	28 BARLEY SOUP WG ● ● Grilled Chicken Sandwich	29 ● BEEF STEW	30 BAKED TILAPIA W/ LEMON DILL Roasted Potatoes Garlic White Beans

Allergen Key

- Contains Soy
- Contains Egg
- Contains Milk
- Contains Wheat/Gluten
- WG = Whole Grain

All menu items include choice of water, milk, coffee, or hot tea. A vegetable, fruit, and house salad will also be provided. Menu items subject to availability and changes.



August 2024

EAST LAS VEGAS LIBRARY

CLARK COUNTY LIBRARY

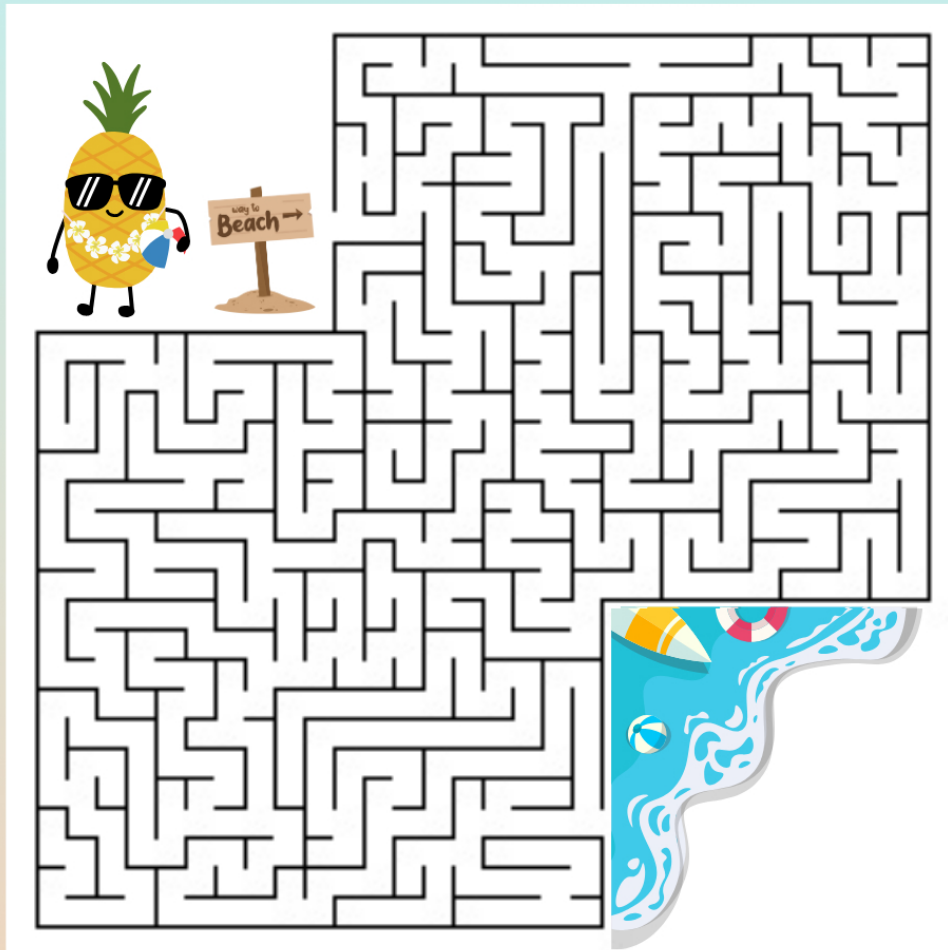
WHITNEY LIBRARY

Mondays & Thursdays
2851 E. Bonanza Rd.

Tuesdays & Wednesdays
1401 E. Flamingo Rd.

Fridays
5175 E. Tropicana Ave.

SUMMER MAZE



UPCOMING PROGRAMMING

Mondays

**Golden Hour
Games**

Tuesdays

**08/06: Tuesday Afternoon at the Movies:
"Dune, Part Two" @ 1 PM**

**08/13: Free Medicare Information Session
@ 1 PM**

**08/20: Tuesday Afternoon at the Movies:
"Niagara" @ 1 PM**

Wednesdays

**Golden Hour
Games**

Thursdays

**Golden Hour
Games**

Fridays

**08/09: Free Vision Screening
@ 11 AM - 1 PM**

**08/16: Movie Showing: "Casablanca"
@ 12:30 PM**

**08/30: Free Vision Screening
@ 11 AM - 1 PM**

Todas las
comidas son de
11AM - 1PM



MENÚ DE AGOSTO



Comida gratis para
personas 60+ y sus seres
queridos de todas las
edades

LUNES EAST LIBRARY	MARTES CLARK LIBRARY	MIÉRCOLES CLARK LIBRARY	JUEVES EAST LIBRARY	VIERNES WHITNEY LIBRARY
Ver otro lado para obtener información adicional y programación			1 ● PASTA CON CAMARONES AL AJILLO	2 POLLO CON SALSA BBQ Frijoles Horneados Maíz
5 ● PASTA CON POLLO ASADO	6 GI ●● STROGANOFF DE CARNE DE RES ● Fideos de Huevo	7 TACOS DE PESCADO GI Arroz Rojo Frijoles Pinto GI Tortillas de Maíz	8 SOPA DE FRIJOLES BLANCOS GI ● Sándwich de Pavo	9 ●●● CHOW MEIN DE POLLO
12 ●●● LASAÑA DE VERDURAS	13 GI ●● PASTA CON POLLO PARMESANO	14 SOPA DE FRIJOLES NEGROS GI ●●● Sándwich de Ensalada de Pollo	15 SALMÓN ASADO Frijoles Blancos	16 TACOS DE CARNE GI Arroz Rojo Frijoles Pinto GI Tortillas de Maíz
19 TACOS DE CAMARON GI Arroz Rojo Frijoles Pinto GI Tortillas de Maíz	20 POLLO AGRIDULCE GI Arroz Jasmín Integral	21 POLLO A LA PARRILLA Frijoles Horneados Maíz	22 ● SOPA DE CHICHAROS GI ●●● Sándwich de Ensalada de Huevo	23 GI ●● PASTA CON BERENJENA A LA PARMESANA
26 ● PASTEL DE CARNE (SHEPHERD'S PIE) ● Panecillo	27 GI ENCHILADAS DE POLLO GI Arroz Rojo Frijoles Pinto	28 SOPA DE CEBADA GI ●●● Sándwich de Pollo a la Parilla	29 ● GUISADO DE CARNE	30 TILAPIA CON SALSA DE LIMÓN Papas Rostizadas Frijoles Blancos de Ajo

Clave de Alérgenos

- Contiene Soja
- Contiene Huevo
- Contiene Leche
- Contiene Trigo/Gluten
- GI = Grano Integral

Todos los elementos del menú incluyen elección de
agua, leche, café, o té e incluyen ensaladas, verduras,
y frutas. Elementos del menú sujetos a
disponibilidad y cambios.



Agosto 2024

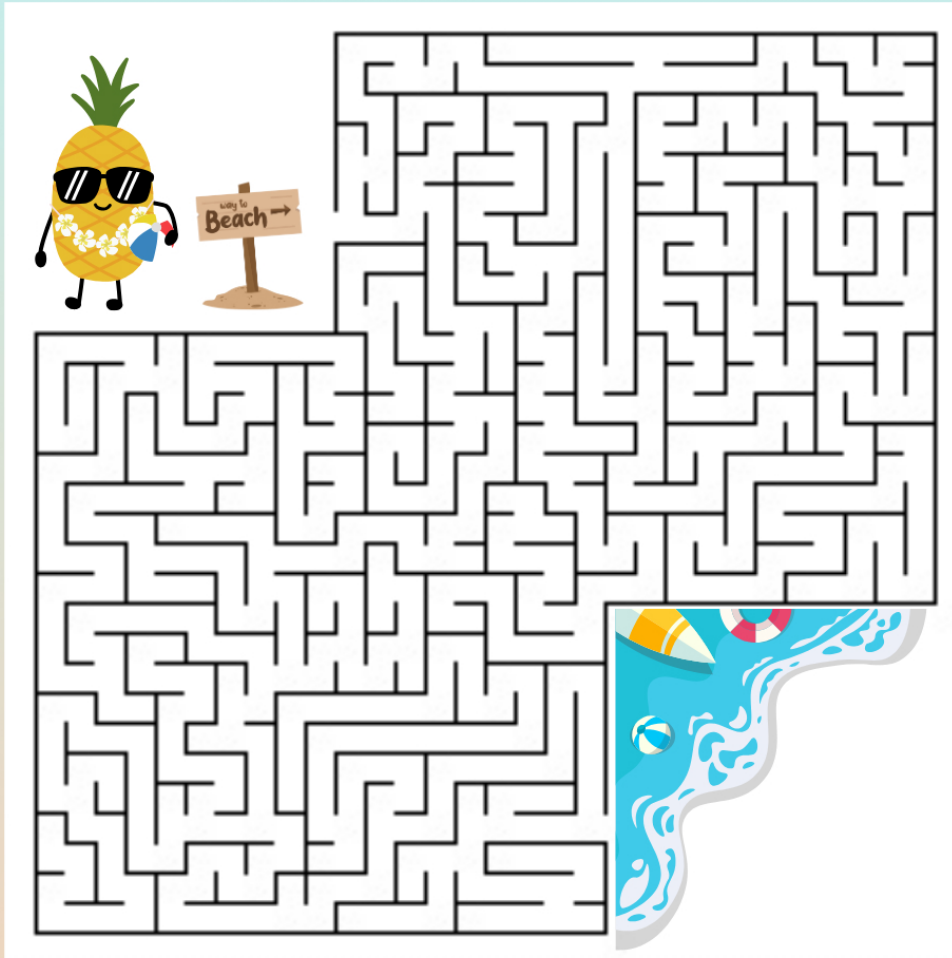
EAST LAS VEGAS LIBRARY CLARK COUNTY LIBRARY WHITNEY LIBRARY

Lunes & Jueves
2851 E. Bonanza Rd.

Martes & Miércoles
1401 E. Flamingo Rd.

Viernes
5175 E. Tropicana Ave.

LABERINTO DE VERANO



PRÓXIMA PROGRAMACIÓN

Lunes

Golden Hour
Games

Martes

08/06: Martes por la Tarde en el Cine:
"Dune, Part Two" @ 1 PM
08/13: Sesión gratuita de información de
Medicare @ 1 PM
08/20: Martes por la Tarde en el Cine:
"Niagara" @ 1 PM

Miércoles

Golden Hour
Games

Jueves

Golden Hour
Games

Viernes

08/09: Examen de Vista Gratuita
@ 11 AM - 1 PM
08/16: Pelicula: "Casablanca"
@ 12:30 PM
08/30: Examen de Vista Gratuita
@ 11 AM - 1 PM