

January Menu 2023

Free meals for those 60+ and their loved ones of all ages

All menu items include choice of water, coffee, or hot tea and include a vegetable, fruit, and house salad. Menu subject to change.

Allergen Key

- Contains Soy
- Contains Egg
- Contains Milk
- Contains Wheat/Gluten
- WG = Whole Grain



Las Vegas-Clark County
LIBRARY DISTRICT
www.lvccld.org

EAST LAS VEGAS LIBRARY

Mondays | 11AM-1PM
2851 E. Bonanza Rd.

CLARK COUNTY LIBRARY

Tuesdays & Wednesdays |
11AM-1PM
1401 E. Flamingo Rd.

WHITNEY LIBRARY

Fridays | 11AM-1PM
5175 E. Tropicana Ave.

MONDAY EAST LIBRARY	TUESDAY CLARK LIBRARY	WEDNESDAY CLARK LIBRARY	FRIDAY WHITNEY LIBRARY
2 HAPPY NEW YEAR! Three Square Closed -NO MEAL-	3 ROASTED CHICKEN Yams Movie @ 1PM "Amsterdam"	4 VEGGIE SOUP WG●●● Chicken Salad Sandwich Golden Hour Games	6 SLOPPY JOES WG● Dinner Roll Golden Hour Games
9 WG● PASTA W/ MEAT SAUCE Library Activity	10 ORANGE CHICKEN WG Jasmine Rice Scam Prevention @ 1PM	11 ● MINESTRONE SQUASH SOUP WG● Grilled Chicken Sandwich Golden Hour Games	13 BEEF & BROCCOLI WG Brown Rice Golden Hour Games
16 Library Closed Martin Luther King Day -NO MEAL-	17 WG●● CHICKEN PARMESAN PASTA Movie @ 1PM "North by Northwest"	18 MUSHROOM SOUP WG●●● Egg Salad Sandwich Golden Hour Games	20 BROILED SALMON Roasted Potatoes Golden Hour Games
23 GRILLED CHICKEN Roasted Potatoes Library Activity	24 ●●● BEEF STROGANOFF ●● Egg Noodles Games!	25 HONEY CARROT SOUP WG● Roast Beef Sandwich Golden Hour Games	27 ●●● CHICKEN CHOW MEIN Golden Hour Games
30 SHRIMP TACOS WG Spanish Rice Pinto Beans WG Corn Tortillas Library Activity	31 CHILI ●● Corn Bread Games!		Daily programming listed in bold under each meal

Menú de Enero 2023

Comida gratis para personas mayores de 60+ y sus seres queridos de todas las edades

Todos los elementos del menú incluyen elección de agua, café o té e incluyen ensalada, verduras y frutas. Menú sujeto a cambios.

EAST LAS VEGAS LIBRARY

Lunes | 11AM-1PM
2851 E. Bonanza Rd.

CLARK COUNTY LIBRARY

Martes & Miércoles |
11AM-1PM
1401 E. Flamingo Rd.

WHITNEY LIBRARY

Viernes | 11AM-1PM
5175 E. Tropicana Ave.

LUNES EAST LIBRARY	MARTES CLARK LIBRARY	MIÉRCOLES CLARK LIBRARY	VIERNES WHITNEY LIBRARY
2 FELIZ AÑO NUEVO! Three Square Cerrada -SIN COMIDA-	3 POLLO ASADO Camote La Película @ 1PM "Amsterdam"	4 SOPA DE VEGETAL GI●●● Sándwich de Ensalada de Pollo Golden Hour Games	6 SLOPPY JOES GI● Panecillo Golden Hour Games
9 GI● PASTA CON SALSA DE CARNE Actividad Bibliotecaria	10 POLLO NARANJA GI● Arroz Jazmín Prevención de Estafas @ 1PM	11 ● SOPA DE CALABAZA MINISTRONE GI● Sándwich de Pollo Asado Golden Hour Games	13 CARNE DE RES Y BRÓCOLI GI● Arroz Integral Golden Hour Games
16 Biblioteca Cerrada Día de Martin Luther King -SIN COMIDA-	17 GI●●● PASTA DE POLLO PARMESANO La Película @ 1PM "North by Northwest"	18 SOPA DE CHAMPINONES GI●●● Sándwich de Ensalada de Huevo Golden Hour Games	20 SALMÓN ASADO Papa Rostizadas Golden Hour Games
23 POLLO A LA PARRILLA Papas Rostizadas Actividad Bibliotecaria	24 ●●● STROGANOFF DE CARNE DE RES ●● Fideos de huevo ¡Juegos!	25 SOPA DE ZANAHORIA CON MIEL GI● Sándwich de Carne Golden Hour Games	27 ●●● CHOW MEIN DE POLLO Golden Hour Games
30 TACOS DE CAMARONES GI● Arroz Rojo Frijoles Pinto GI● Tortillas de Maíz Actividad Bibliotecaria	31 CHILI ●● Pan de Elote ¡Juegos!		Programación diaria listada en negrita debajo de cada comidal

Clave de Alérgenos

- Contiene Soja
- Contiene Huevo
- Contiene Leche
- Contiene Trigo/Gluten
- GI = Grano Integral

