

# September Menu

## EAST LAS VEGAS LIBRARY

Mondays | 11AM-1PM  
2851 E. Bonanza Rd.

## CLARK COUNTY LIBRARY

Tuesdays & Wednesdays |  
11AM-1PM  
1401 E. Flamingo Rd.

## WHITNEY LIBRARY

Fridays | 11AM-1PM  
5175 E. Tropicana Ave.

Free meals for those 60+ and  
their loved ones of all ages

All menu items  
include choice of  
water, coffee, or  
hot tea and include  
a vegetable, fruit,  
and house salad.  
Menu subject to  
change.

### Allergen Key

- Contains Soy
- Contains Egg
- Contains Milk
- Contains Wheat/Gluten
- WG = Whole Grain



MEMBER OF  
FEEDING  
AMERICA

Las Vegas-Clark County

**LIBRARY  
DISTRICT**

www.lvccld.org

MONDAY EAST LIBRARY	TUESDAY CLARK LIBRARY	WEDNESDAY CLARK LIBRARY	FRIDAY WHITNEY LIBRARY
Daily programming listed in bold under each meal			2 ●● SHEPHERD'S PIE Golden Hour Games
5 <b>Library Closed: Labor Day No Meal</b>	6 ●● EGGPLANT PARMESAN PASTA Movie @ 1PM "The Lost City"	7 ●● POTATO & LEEK SOUP WG● Roast beef sandwich Golden Hour Games	9 BONELESS PORK CHOP Garlic Mashed Potatoes Golden Hour Games
12 BROILED SALMON Roasted Potatoes Golden Hour Games	13 ●● CHICKEN FRIED RICE Scam Prevention @ 1PM	14 CHICKEN & RICE SOUP WG●● Egg Salad Sandwich Golden Hour Games	16 ORANGE CHICKEN WG Brown Jasmine Rice Golden Hour Games
19 SLOPPY JOES WG●● Dinner Roll Golden Hour Games	20 FISH TACOS WG Spanish Rice Black beans WG Corn tortilla Citrus cabbage slaw Movie @ 1PM "Gilda"	21 HONEY CARROT SOUP WG● Grilled Chicken Sandwich Golden Hour Games	23 ●● MEAT LOAF Mash Potatoes Golden Hour Games
26 ●● BEEF AND BROCCOLI WG Brown Rice Golden Hour Games	27 ROASTED CHICKEN Yams Device Advice	28 MUSHROOM SOUP WG● Turkey Sandwich Golden Hour Games	30 CHICKEN MARSALA WG●● Pasta Golden Hour Games

# Menú de Septiembre

## EAST LAS VEGAS LIBRARY

Lunes | 11AM-1PM  
2851 E. Bonanza Rd.

## CLARK COUNTY LIBRARY

Martes & Miércoles |  
11AM-1PM  
1401 E. Flamingo Rd.

## WHITNEY LIBRARY

Viernes | 11AM-1PM  
5175 E. Tropicana Ave.

Comida gratis para personas mayores de 60+ y sus seres queridos de todas las edades

Todos los elementos del menú incluyen elección de agua, café o té e incluyen ensalada, verduras y frutas. Menú sujeto a cambios.

### Clave de Alérgenos

- Contiene Soja
- Contiene Huevo
- Contiene Leche
- Contiene Trigo/Gluten
- GI = Grano Integral



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LUNES EAST LIBRARY	MARTES CLARK LIBRARY	MIÉRCOLES CLARK LIBRARY	VIERNES WHITNEY LIBRARY
<p>Programación diaria listada en negrita debajo de cada comidal</p> <p><b>5</b> Biblioteca Cerrada: Día del Trabajo Sin Comida</p>			<p><b>2</b> ●● SHEPHERD'S PIE</p> <p><b>Golden Hour Games</b></p>
<p><b>12</b> SALMÓN ASADO Papas rostizadas</p> <p><b>Golden Hour Games</b></p>	<p><b>6</b> ●● PASTA CON BERENJENA A LA PARMESANA</p> <p>La Película @ 1PM "The Lost City"</p>	<p><b>7</b> ●● SOPA DE PAPAS Y PUERRO</p> <p>GI ● Sandwich de Carne</p> <p><b>Golden Hour Games</b></p>	<p><b>9</b> CHULETAS DE PUERCO</p> <p>Puré de papas con ajo</p> <p><b>Golden Hour Games</b></p>
<p><b>19</b> SLOPPY JOES</p> <p>GI ●● Panecillo</p> <p><b>Golden Hour Games</b></p>	<p><b>13</b> ●● ARROZ FRITO CON POLLO</p> <p>Prevención De Estafas @ 1PM</p>	<p><b>14</b> SOPA DE ARROZ Y POLLO</p> <p>GI ●● Sándwich de ensalada de huevo</p> <p><b>Golden Hour Games</b></p>	<p><b>16</b> POLLO A LA NARANJA</p> <p>GI Arroz Jazmín</p> <p><b>Golden Hour Games</b></p>
<p><b>26</b> ●● CARNE DE RES Y BRÓCOLI</p> <p>GI Arroz</p> <p><b>Golden Hour Games</b></p>	<p><b>20</b> TACOS DE PESCADO</p> <p>GI Arroz Rojo Frijoles Pinto GI Tortillas de Maíz Ensalada de repollo</p> <p>La Película @ 1PM "Gilda"</p>	<p><b>21</b> SOPA DE ZANAHORIA CON MIEL</p> <p>GI ● Sandwich de Pollo Asado</p> <p><b>Golden Hour Games</b></p>	<p><b>23</b> ●● PASTEL DE CARNE</p> <p>Puré de papas</p> <p><b>Golden Hour Games</b></p>
<p><b>27</b> POLLO ASADO Camote</p> <p>Consejos sobre dispositivos</p> <p><b>Golden Hour Games</b></p>	<p><b>28</b> SOPA DE CHAMPIÑONES</p> <p>GI ● Sandwich de pavo</p> <p><b>Golden Hour Games</b></p>	<p><b>30</b> POLLO MARSALA</p> <p>GI ●● con pasta</p> <p><b>Golden Hour Games</b></p>	